

Body Parts



Collection and Design By:
Colleen S. Grandt and Rachel Knecht



A Family Finger Play

This is a family.

(hold up one hand)

Let's count them and see
how many there are
and who they can be.

(count 1,2,3,4,5)

This is the mother
(touch your pointer finger)
who loves everyone
and this is the father

(touch big finger)

who is lots of fun.

This is my sister.

(touch ring finger)

She helps and she plays
and this is the baby.

(touch little finger)

He's growing each day.

But who is this one?

(touch thumb)

He's out there alone.

Why it's Jackie, the dog,
and he's chewing a bone.

(wiggle your thumb)

A decorative border of stylized eyes surrounds the text. The eyes are arranged in a rectangular frame, with some eyes at the corners and others along the sides. They are drawn in a simple, hand-drawn style with purple and blue outlines and radiating lines for eyelashes.

Hands on Shoulders

Hands on shoulders,
hands on knees,
hands behind you,
if you please.
Touch your shoulders,
now your nose,
now your hair and now your toes.
Hands up high in the air,
down at your sides and touch your hair.
Hands up high as before,
now clap your hands, one-two-three-four!



I Have So Many Parts to Me

I have two hands to clap with,
(clap)

one nose with which to smell.
(sniff)

I have one head to think with,
(tap head)

two lungs that work quite well.
(take a deep breath)

I have two eyes that let me see.
(point to eyes)

I have two legs that walk.
(walk in place)

I have two ears that help me hear,
(cup hands to ears)

a mouth with which to talk.
(point to mouth)



I Wiggle

I wiggle my fingers.

I wiggle my toes.

I wiggle my nose.

I wiggle my knees.

Now, no more wiggles are left in me.

So I will sit as still as can be.



My Hands

Sometimes, my hands are at my side.

Then, behind my back they hide.

Sometimes, I wiggle my fingers so.

Shake them fast, shake them slow.

Sometimes, my hands go

clap, clap, clap.

Then, I rest them in my lap.



My Head

This is the circle that is my head.

This is my mouth with which words are said.

These are my eyes with which I see.

This is my nose that's a part of me.

This is the hair that grows on my head
and this is my hat all pretty and red.



Scarecrow, Scarecrow

Scarecrow, scarecrow turn around.
Scarecrow, scarecrow touch the ground.
Stand up tall and blink your eyes.
Raise your hands up to the sky.
Clap your hands,
then tap your knees.
Turn around and tap your feet.

Scarecrow, scarecrow touch your toes.
Scarecrow, scarecrows tap your nose.
Swing your arms so very slow,
now real fast to scare the crows!
Touch your head, jump up and down.
Not sit down without a sound.



Ten Little Fingers

I have ten little fingers
(hold up both hands)

and they all belong to ME.
(point to self)

I can make them do things.
Would you like to see?
I can shut them up tight.
(make fist)

I can open them up wide.
(open fingers)

I can clap them together
and make them hide.
(clap, then hide)

I can jump them up high,
I can jump them down low
(over head and down)

and fold them together
and hold them just so.
(fold in lap)

A decorative border of stylized eyes surrounds the text. The eyes are arranged in a rectangular frame, with some eyes appearing in the corners and others along the sides. They are drawn in a simple, cartoonish style with large pupils and radiating lines for eyelashes.

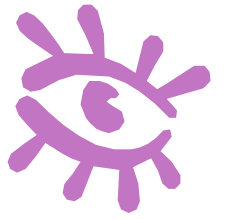
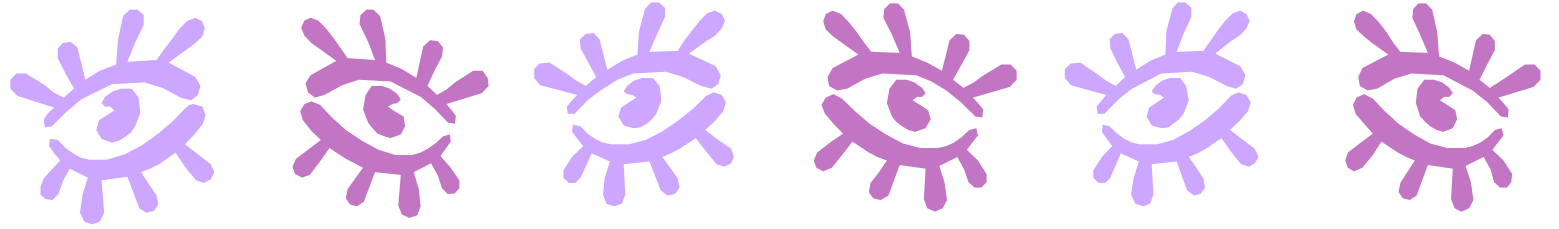
My Body

Five fingers on one hand
and five fingers on other make ten.

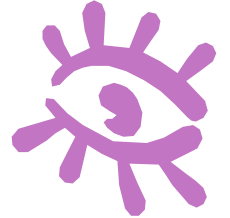
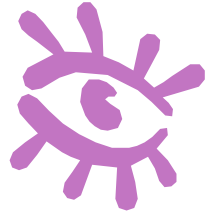
A dear little nose,
and a mouth shaped like a rose.

Two cheeks so tiny and fat.

Two eyes, two ears
and ten little toes;
that's the way my body goes.



I Have Two Eyes



I have two eyes to see with,
I have two feet to run.
I have two hands to wave with,
and nose, I have but one.
I have two ears to hear with,
and a mouth to say, "Good day."

